



ONLINE SAFETY NEWSLETTER OCTOBER 2026

YOUTUBE

YouTube is one of the most popular platforms, available across many different devices - phones, tablets and Smart TVs etc. **YouTube is intended for users over the age of 13**, however, younger children can still access YouTube with consent from a parent/guardian. There are different options available to access YouTube, depending on your child's age:

1. YouTube Kids – a separate app that includes a smaller selection of videos based on the age category you select: Preschool (ages 4 and under), Younger (ages 5–8) or Older (ages 9–12).

2. Supervised accounts – a parent-managed version of YouTube that allows you to control the content your child can access. You can select one of the following options:

- **Explore** - Generally for viewers aged 9+.
- **Explore more** - Generally for viewers aged 13+
- **Most of YouTube** - This setting includes almost everything except for videos marked as 18+.

Find out more:

<https://support.google.com/youtube/answer/10315420>

What do I need to be aware of?

Whilst YouTube can be educational and fun, it is important to be aware of the potential risks, such as:

- **Inappropriate content**
- **Excessive Screentime** – particularly due to the autoplay feature.
- **Unwanted contact / cyberbullying** – particularly via comments if your child is sharing videos.
- **Algorithms** – algorithms influence what we see to keep us engaged. This can lead to a user being exposed to large amounts of content about one topic/theme, which may not be helpful if it is negative.
- **Adverts** that may not be aimed at or suitable for your child's age.

What can I do?

- Set up appropriate parental controls.
- Show your child the reporting and blocking tools available.
- Watch YouTube together or supervise use.

Further information

<https://www.internetmatters.org/parental-controls/entertainment-searchengines/youtube-app/>

A GUIDE FOR PARENTS AND CARERS ON MANAGING CHILDREN'S DIGITAL LIVES

The Children's Commissioner has published this guide to help you support your child and make starting conversations about their online world easier. It's a useful read:

<https://assets.childrenscommissioner.gov.uk/wpuploads/2025/12/cc-what-iwish-parent-guide.pdf>

ONLINE SAFETY QUIZ

The NSPCC have created this quiz to test your child's knowledge on how to stay safe online. It's a great way to start a conversation with your child about their online life. You can access the quiz here:

<https://www.nspcc.org.uk/keepingchildren-safe/online-safety/quiz/>

WHATSAPP USERNAMES

WhatsApp is introducing the use of usernames, so people no longer have to share their phone number. Wayne Denner provides an overview of the new features, what you need to consider and steps you can take here:

<https://www.waynedenner.com/whatsapp-usernames-what-parents-need-to-know/>

USEFUL WEBSITES AND GAMES

