



Newtown C of E primary School

PDL Rationale

Our Vision

At Newtown C. of E. Primary School our Personal Development and Learning (PDL) curriculum further enhances our Christian ethos values and learning behaviours by giving our children the knowledge, skills and understanding they need to become confident, healthy and independent global citizens with a clear understanding of the importance of well-being, both physical and emotional. PDL is embedded throughout our curriculum to give depth to the children's understanding and allow them to experience PDL in a range of contexts. This is demonstrated through a carefully designed long term map, which takes into consideration all aspects of PDL, including the recent DFE changes to Relationship Education, Relationship and Sex Education and Health Education (RSE). We follow the SCARF (Safety, Caring, Achievement, Resilience and Friendship) programme, which is a spiral based curriculum covering all aspects of PDL, and this is further enhanced by our weekly PATHs (Promoting Alternative Thinking Strategies) sessions and our weekly behaviour strands collective worship, planned using the Six Strands of Well-being document. Where necessary, discrete lessons are taught for particular aspects, for example some aspects of RSE.

Intent

Through our PDL, PATHs, behaviour strand collective worships and RSE lessons, we aim for our children to explore their emotional and mental health and well-being, aspects of safeguarding and how to keep themselves and others safe, develop a healthy lifestyle (including healthy eating), develop financial awareness, learn about British values and citizenship, bullying (including cyber bullying) and drug, tobacco, and alcohol education. We plan opportunities for the children to meet with and question various members of our community for example from the local diocese, the Fire Service, Local Community Police Force, and visits from organisations such as the NSPCC. We also ensure there are opportunities for the children in fundraising in order to support their local community. In addition, we aim to embed the Clever never goes programme across the school, which has replaced the old stranger danger, to enhance our children's knowledge and understanding of how to keep themselves safe.

Implementation

- SCARF- spiral curriculum to support teaching of PDL lessons
- PATHs- promoting alternative thinking strategies lessons
- Teaching of learning behaviours through the use of six strands of well being
- The school continues to work with a counsellor, in response to the mental health needs of the children.
- The developed ELSA programme is in place for early identification of emotional awareness and management, anxiety, social skills and self-esteem.



- Therapy dogs
- Mental health day
- Favourite 5 books- A book within this to include a diversity text every half term. This is linked to the 'No outsiders' texts.
- No outsiders- Diversity and inclusion initiative to be developed
- School council for pupil voice and democracy
- JRSO (Junior road safety officers)
- After school clubs
- Visitors, trips and residentials
- THRVE interventions for key children
- Diversity day

Impact

At Newtown C. of E. Primary School our Personal Development and Learning (PDL) curriculum will give our children the substantive and disciplinary skills and understanding they need to become confident, healthy and independent global citizens with a clear understanding of the importance of well-being, both physical and emotional.

We believe our children will:

- Have the skills and knowledge to become healthy citizens
- To know how to keep themselves safe
- To understand personal hygiene
- The importance of wellbeing both physical and emotional
- Have the social and emotional skills through a dedicated Personal Social Health and Economic education (PSHE) curriculum – including statutory content regarding Relationships Education (RE) and Relationships and Sex Education (RSE) and Health Education.